

### Abstract Of The Disclosure

A method and a device for determining the load of a computing element. A computer program is executed on the computing element. The computer program is subdivided into several tasks, and each task includes at least one process. To be able to determine, on the one hand, the load of the computing element as precisely and reliably as possible and with a high dynamic performance and, on the other hand, the processing time of processes or tasks of the computer program independently of interruptions by processes of higher priority tasks, it is proposed that a time interval be selected such that at least one task is started and ended during the time interval; the running time of the task be determined during the time interval after completion of the task or every task; and the running time of the task or of every task be subtracted from the determined running time in the event that the completed task was interrupted by at least one additional task.